

# MINUTES

WEDNESDAY,  
NOV 11, 2009

8:30 – 10 AM

BEAUMONT HOSPITAL' SUITE  
NATIONAL CITY CENTER  
TROY, MICHIGAN

MEETING HOSTED BY	Beaumont Hospitals
TYPE OF MEETING	Bi-monthly Coalition Meeting
FACILITATOR	Scott Foster, Wellco
NOTE TAKER	Lia Hosinski, Health and Wellness Coach
TIMEKEEPER	N/A
ATTENDEES	70

## Agenda topics

### WELCOME & INTRODUCTIONS

SCOTT FOSTER

DISCUSSION	
Scott started the meeting by welcoming members and new visitors. He also gave a special thank-you to <b>HealthPlus</b> for sponsoring breakfast!	
Around the room attendee introductions were made.	

### REVIEW OF MINUTES

SCOTT FOSTER

DISCUSSION	
<p>REVIEW OF MINUTES</p> <p>Scott Foster informed the group that the meeting minutes are now available on-line at the OCWC website. A thank-you was given to Lia Hosinski for recording the meeting minutes.</p>	
<p>Scott introduced representatives of Watson Wyatt, John Jones and Alan Huddy as the presenters of today's main presentation.</p>	

ALAN HUDDY, SENIOR CONSULTING ACTUARY (FSA)  
AND

53 MINUTES

### MAIN PRESENTATION

JOHN JONES, PRACTICE LEADER, TECHNOLOGY &  
ADMINISTRATION SOLUTIONS  
WATSON WYATT

DISCUSSION	The Keys to Continued Success: 14th Annual National Business Group on Health Survey - Purchasing Value in Health Care
<p>The study presented revealed the results of a survey conducted from November 2008 to January 2009. The 14th annual study indicates health care trends and the actions employers are taking. The focus is on companies that have maintained cost trends at or below the median over the last four years. It includes 489 companies providing benefits to more than 8 million individuals. The purpose of this study is to look for the consistent performers, the companies that have kept health costs down in the past four years. The lessons learned from consistent performers serves as a valuable resource for all employers.</p>	
<p>The key findings in the study are:</p> <ul style="list-style-type: none"> <li>• Cost increases held steady at 6 percent in 2008. Best performers have 2-year median cost increase of 0.5 percent for each year, compared with 10.5 percent for poor performers. The differential between best and poor performers has expanded.</li> <li>• Consistent performers who have maintained health care cost at or below the median during the last four years have implemented programs that incorporate:             <ol style="list-style-type: none"> <li>1. Appropriate financial incentives</li> <li>2. Effective information delivery</li> <li>3. Metrics and evidence</li> <li>4. Quality care delivered efficiently</li> <li>5. Maximizing health and productivity</li> </ol> </li> <li>• Both Consumer Driven Health Plan (CDHP) adoption and enrollment rates are increasing -51 percent of companies now have a CDHP in place, and 43 percent of these companies have at least 20 percent of their employees enrolled.</li> <li>• Higher enrollment rates in CDHPs are strongly linked to lower health care cost trends</li> </ul>	

