

1 MINUTES

REVIEW OF MEETING MINUTES

SCOTT FOSTER

<p>Scott Foster informed the group that the meeting minutes are now available on-line at the OCWC website. A thank-you was given to Lia Hosinski for recording the meeting minutes. Also a reminder that the Watson Wyatt presentation from November's meeting is available on the OCWC website.</p>
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9 MINUTES

UPDATES

SCOTT FOSTER

DISCUSSION

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| <ul style="list-style-type: none"> • Strategic Action Plan - Fred Zimmer: The Strategic Planning Facilitation Committee has been working with the Executive Committee on the 2010 - 2012 Strategic Action Plan. The Executive Committee is currently collecting information from the OCWC members on how they can best support their wellness efforts. Later this month there will be a work session in taking the coalition's new goals, attach objectives and put everything together into the Strategic Action Plan. At the conclusion of the session the Strategic Action Plan of 2010 - 2012 will be posted on the OCWC website. • OCWC Survey - Susan Bailey: Within the next couple of weeks an e-mail will be mailed out to everyone with a request to fill out a survey asking for feedback in terms of what the members are looking for in the coalition. • LinkedIn Communications & Sponsorship - Mitsy Morris: To date the coalition has 293 members. If anyone is not LinkedIn to the OCWC you are encouraged to do so. HAP is our first official coalition sponsor. This meeting's raffle sponsor is Maxim Health System and breakfast sponsor is HealthPlus. There is an opportunity at every meeting for a Company to sponsor either a breakfast or a raffle. Anyone interested in sponsoring may contact Mitsy Morris. |
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11 MINUTES

RESOURCES AND INFORMATION SHARING

SCOTT FOSTER

DISCUSSION

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| <ul style="list-style-type: none"> • If anyone is interested in becoming involved or learning more about the Coalition, please see anyone you have met earlier today. • A Networking event in the planning stages - anyone interested in getting involved can contact a Executive Committee member. Also if you like meeting and greeting people at the coalition meeting, contact a Executive Committee member. • Mark your calendar for March 10th and 11th for the Annual Worksite Wellness Program by Dr. Dee Edington and the University of Michigan Health Management Resource Center. • All members are invited to share their wellness events by posting on the OCWC website by visiting www.oaklandcountywellness.com (contact tab) . • Per member's request next meeting, March 17th, will present best practice wellness programs from companies in the area. • Attendees provided information to up-coming events from their organization or their interest. |
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7 MINUTES

RAFFLE

SCOTT FOSTER

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| <ul style="list-style-type: none"> • A special Thank-you to Maxim Health System for sponsoring the raffle! A bag full of goodies including a certificate all from Trader Joes was given away. • HAP also gave away their famous cookbook and tickets to the upcoming auto show. Thank-you. |
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CONCLUSIONS

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| <ul style="list-style-type: none"> • A special Thank-you to Oakland County Executive Offices for being our HOST! • Next OCWC meeting will be Wednesday, March 17, 2010. Location TBD. Agenda available on the OCWC website at www.oaklandcountywellness.com . |
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