

OAKLAND COUNTY WELLNESS COALITION MEETING MINUTES
WEDNESDAY, APRIL 12, 2006
8:30am – 9:30am
Beaumont Hospitals, Troy

Attendees: Jayne Small (TEAM); Bill Binroth (Perform-Improvement Assoc.); Dennis Novelli (Center for Complementary Wellness and Healing); Marie Baloga (Beaumont Hospitals); Fred Zimmer (Business Dev. Group); Don Askew (Mannatech); Stephanie Tanner (alcos); Scott Foster (Wellco); Dianna Fortunatu (Somerset Skin Centers); Lynn Hodgson (Juice Plus Health promotion); Karen Brown (Miller Canfield); Sarah Prucha (Oakland University); Sue Jackson; John Crusse (Humana); David Tonkiw (Provisional Benefits); Don Wilson (Clean House); Tim Burns (BBB); Ruthan Brodsky (Rab & Assoc.); Ed Powers (Southfield Area Chamber); Bill Jeffrey (Legatia Wealth Advisors); Ann Comiskey (Troy Community Coalition); Sharon White (Bedside Notes); Sharon Cooper (Peter Basso Assoc.); Jill Frydlewicz (Beaumont Hospitals); Dan Zembrzuski (Beaumont Hospitals); Linda Braun (Knoll, Inc.); Kent Sharkey (TEAM); Marie Bristow (Clarkston Health Center); Otis Sprow (American Laser Centers); Jennifer Rizk (Valley Automotive); Susan Rothfus (Auburn Hills Chamber)

- Welcome and Introductions
- Priority Initiatives – Sub-Committee Updates
 - Michelle Hodges and Sub-Committee chairs met to discuss status of each committee's progress.
 - To avoid overlapping material, each sub-committee has reevaluated individual goals to form one primary focus.
 - Sub-Committee #1 led by Kent Sharkey
 - Create a Wellness Related Resource & Information Clearinghouse
 - Sub-Committee #2 led by Dan Zembrzuski
 - Identify Procedures for Implementing a Wellness Program
 - Sub-Committee #3 led by Bill Parsons and Karen Brown
 - Measuring Outcomes of a Wellness Program, Post Implementation
- A fourth sub-committee has been developed to initiate marketing and communications, including a website. Scott Foster, Wellco Corp. has volunteered to head this committee. All interested members can contact Scott if they would like to join his sub-committee.
 - Secretarial Needs – Jill Frydlewicz with Beaumont Hospitals has volunteered to assist committee with meeting minutes, communications, etc.
- Updates

Dialogue continues with Healthy People Healthy Oakland to ensure resources are properly utilized and duplication does not occur.

The Oakland Chamber Network, in partnership with the Oakland County Wellness Coalition, is sponsoring a wellness expo on 28 June 2006, from 5:30-7:30 PM, at the Days Inn La Park. Details to follow.

- 2006 Meeting Calendar
 - The Coalition will now meet every other month on the following dates: June 14, August 9, October 11 and December 13th. Tentative location is Beaumont Hospitals, Troy
- Rewards
 - Pradip Sangupta and Scott Foster were both awarded giveaways
- Resources and Information Sharing
 - Correction to item #5 – the Michigan Benefits Expo is May 11 not May 8th as stated on the agenda.

NEXT MEETING: JUNE 14 at 8:30 AM – TROY BEAUMONT