



www.oaklandcountywellness.com

Resources

<p>American Cancer Society Megan Holt megan.holt@cancer.org (248) 557-5353</p>	<p>Free health and wellness programs and cancer related information. Support groups, patient transportation, community events and volunteer opportunities.</p>
<p>American Institute for Preventive Medicine Steve Buyers sbuyers@healthylife.com 800-345-2476 ext. 246</p>	<p>Self care guides, public health announcements. Smoking cessation and weight control programs. Implementing wellness programs. Research and ROI data.</p>
<p>Beaumont Hospitals Julie Ledesma jledesma@beaumont-hospitals.com (248) 964-5000</p>	<p>Health care issues presentations. Hospital speaker's bureau.</p>
<p>Bedside Notes, LLC Sharon White sharon@bedsidenotes.com (248) 766-4595</p>	<p>Project management.</p>
<p>Bodywork Alternatives Lisa Babich LisaBabich@bodyworkalternatives.com (248) 622-1043</p>	<p>On-site corporate massage. Clawson location with massages, facials, yoga and natural products. Project management and business process experience.</p>
<p>Clarkston Health Center Marie Bristow marie.bristow@pohmedical.org (248) 620-4290</p>	<p>Resources regarding safety and worksite wellness.</p>



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<p>Delphi Corporation Terry Karjalainen, Ph.D. terry.karjalainen@delphi.com (248) 813-2000</p>	<p>Health screening, health risk appraisals, wellness programs, outcomes measurement and manuscript writing.</p>
<p>Humana Arin Rentz arentz@humana.com (248) 457-9238</p>	<p>Marketing, consumer insight, wellness data, and wellness program strategies.</p>
<p>IPS Technology Services Pradip Sengupta Pradip_Sengupta@ipsts.com 248-835-9895</p>	<p>Implementation of Wellness through Technology Solutions, Wellness and Health Care Technology Consulting, Website Construction and Application Development, Event Based Reasoning and Expert Systems Applications development.</p>
<p>Knoll Linda Braun lbraun@knoll.com (248) 358-7650</p>	<p>Ergonomic products, standards and evaluation.</p>
<p>Law Offices of Timothy J. Burns Timothy Burns tburns@tjbconsulting.net (248) 680-4674</p>	<p>Sounding board and communication representative to business and county constituencies.</p>
<p>Peak Physique Fitness Training Vitality Management, LLC Linda Geyer Linda@vitalitymgt.com (248) 879-0170</p>	<p>Certified fitness, weight loss and health coaching. Motivational, inspirational and educational speaking.</p>



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Preventive Medicine Ashok Gupta, MD walkingdr@yahoo.com	Smoking cessation and weight management programs.
RAB & Associates Ruthan Brodsky rab@balanceyourhealth.com (248) 644-0233	Health and medical writer; specialty in health issues of aging.
Red Lotus Yoga Brian Granader BGranader@aol.com (248) 844-9642	Corporate Yoga, meditation and exercise. Health and productivity seminars.
T.E.A.M. Employee Assistance Jayne Small jsmall@team-eap.com (248) 680-4611	Behavioral coaching, motivational interviewing, readiness to change assessment, barrier identification, goal setting, action plans, and resource tools.
The Blass Group of Companies Greg Blass greg@theblassgroupofcompanies.com (248) 200-3473	Promoting community health awareness, advancing public health policy, coordinating community health.
Troy School District Ann Comiskey comiskey2@troyk12.mi.us	Substance abuse and emerging drug trends presentations.
Wellco Corporation Scott Foster scott.foster@wellcocorp.com (248) 549-4247	HealthHammer™ onsite health risk appraisal and management system, comprehensive health and productivity management programs, health trend seminars, wellness consulting.